

Miss Raquel has had extensive training in gymnastics and acrobatics from Brown's Metro Gym during her childhood years. In addition, she traveled every summer to camps for acrobatics and circus arts where she focused on learning a variety of aerial skills including web, lyra, trapeze and aerial silks.

As an adult, she continued her aerial training with private instructors here in Orlando and eventually began teaching at "Adrenaline Heights," a trapeze and rock climbing facility on International Drive. She has performed at several festivals and has been featured as an aerialist on Orlando's local news and Univision.